## BRAHMĀSTRA $\rightarrow$

## INVOKE YOUR ULTIMATE POWER

## KURUKSHETRA

## THROWBALL(WOMEN) <br> (Make a splash with every throw!)

Attention female athletes! Get ready to showcase your throwball prowess and proudly represent your college in the exhilarating intercollege throwball championship.
Participate to strengthen your skills, build camaraderie with teammates, and compete for glory on the court!


## RULES OF THE GAME

$\rightarrow$ Throwball is a team sport with 10 players per team, 7 active players during play, and 3 substitutes.
$\rightarrow$ Matches consist of best-of -3 sets, with each set played to 15 points using rally scoring.
$\rightarrow$ Players must catch the ball with both hands and return it with one hand only.
$\rightarrow$ The serving player must release the ball from above the shoulder /shoulder line.
$\rightarrow$ Service balls must not touch the net.
$\rightarrow$ Double touches are not allowed when receiving the service ball.
$\rightarrow$ The service must be executed within 5 seconds after the whistle blows.
$\rightarrow$ Service must be done from the service zone without crossing the end line.
$\rightarrow$ Balls falling on the box line or in the dead zone are considered fouls.
$\rightarrow$ Caught balls during the rally must be released within 3 seconds.
$\rightarrow$ Players must maintain a 2-3-2 position during service.
$\rightarrow$ Shifting the ball from right to left or left to right results in penalty points.
$\rightarrow$ Each set allows two 30-second timeouts.

## RULES OF THE GAME (CONTD.)

$\rightarrow$ Players must wear proper uniforms with numbered jerseys (1-12) on the front and back.
$\rightarrow$ Simultaneous catching by two players results in point loss for the team.
$\rightarrow$ Final 21 points 3 set.


SMITU JYOTI NAYAK +919304125649


ENTRY FEES: ₹2000 Only (Per Team)

